

| Pl | Startnr | Namn | Tid | | | |
|-----------------------------|---------|---|---------|-------|---------|---------|
| Herr senior (27) 0 m | | | 1(31) | 2(32) | M | |
| 1 | 14 | Pontus Lindberg Stockholm City Tria | 58:59 | 10:27 | 41:12 | 58:59 |
| 2 | 21 | Fredrik Robertsson Stockholm City Tria | 59:50 | 11:57 | 42:20 | 59:50 |
| 3 | 1 | Fredrik Ahlinder SPIF Triathlon | 1:00:44 | 9:15 | 42:24 | 1:00:44 |
| 4 | 3 | Andre Barat Väsby SS Triathlon | 1:00:57 | 11:14 | 42:22 | 1:00:57 |
| 5 | 20 | Magnus Olander Vallentuna CK Triat | 1:01:16 | 13:52 | 43:20 | 1:01:16 |
| 6 | 18 | Magnus Nyberg Väsby SS Triathlon | 1:01:17 | 12:03 | 43:24 | 1:01:17 |
| 7 | 9 | Marcus Hultgren Stockholm City Tria | 1:02:07 | 11:56 | 43:17 | 1:02:07 |
| 8 | 59 | Jeff Frydenlund SPIF Triathlon | 1:02:33 | 10:58 | 41:05 | 1:02:33 |
| 9 | 15 | Franco Maggi SPIF Triathlon | 1:02:37 | 12:19 | 43:27 | 1:02:37 |
| 10 | 17 | Johan Nyberg Väsby SS Triathlon | 1:04:02 | 12:07 | 44:43 | 1:04:02 |
| 11 | 6 | Erland Ekheden SPIF Triathlon | 1:04:30 | 11:46 | 43:44 | 1:04:30 |
| 12 | 2 | Marcus Andersson Stockholm City Tria | 1:04:35 | 13:02 | 45:58 | 1:04:35 |
| 13 | 8 | Erik Hooft SPIF Triathlon | 1:04:40 | 12:27 | 43:48 | 1:04:40 |
| 14 | 13 | Jonas Lerneteg Stockholm City Tria | 1:05:08 | 12:09 | 44:32 | 1:05:08 |
| 15 | 16 | Mikael Nelker SPIF Triathlon | 1:05:59 | 13:53 | 46:46 | 1:05:59 |
| 16 | 26 | Christoffer Wikman Stockholm City Tria | 1:06:36 | 11:53 | 45:53 | 1:06:36 |
| 17 | 4 | Alexander Butler Stockholm City Tria | 1:07:50 | 13:52 | 47:53 | 1:07:50 |
| 18 | 25 | Greger Sundin SPIF Triathlon | 1:09:26 | 14:10 | 48:10 | 1:09:26 |
| 19 | 10 | Tobias Janstad SPIF Triathlon | 1:10:01 | 14:13 | 50:57 | 1:10:01 |
| 20 | 22 | Jonas Rutström SPIF Triathlon | 1:10:18 | 14:06 | 47:32 | 1:10:18 |
| 21 | 7 | Anders Gustafsson SPIF Triathlon | 1:10:37 | 14:05 | 47:50 | 1:10:37 |
| 22 | 5 | Jesper Dahlqvist SPIF Triathlon | 1:11:18 | 13:46 | 49:51 | 1:11:18 |
| 23 | 24 | Martin Sternberg SPIF Triathlon | 1:11:44 | 12:12 | 47:49 | 1:11:44 |
| 24 | 11 | Anders Lanvald Väsby SS Triathlon | 1:14:31 | 15:14 | 51:53 | 1:14:31 |
| 25 | 23 | Mattias Sjöberg Stockholm City Tria | 1:19:52 | 13:59 | 47:59 | 1:19:52 |
| 26 | 581 | Markus Wråke Mälareö GK | 1:24:54 | 28:56 | 1:05:08 | 1:24:54 |
| 27 | 582 | Johan Strandberg Stockholm Multispc | 1:25:56 | 27:38 | 1:04:25 | 1:25:56 |

| Dam senior (10) 0 m | | | 1(31) | 2(32) | M | |
|----------------------------|-----|--|---------|-------|-------|---------|
| 1 | 109 | Emma Lindwall Stockholm City Tria | 1:09:16 | 13:35 | 47:49 | 1:09:16 |
| 2 | 126 | Marie Carlsson Väsby SS Triathlon | 1:10:10 | 11:05 | 49:54 | 1:10:10 |
| 3 | 112 | Linda Sernfalk Stockholm City Tria | 1:10:55 | 13:47 | 47:47 | 1:10:55 |
| 4 | 102 | Lotta Curbo Vallentuna CK | 1:12:38 | 12:28 | 50:18 | 1:12:38 |
| 5 | 106 | Linnea Jonsson Vallentuna CK | 1:17:39 | 18:40 | 55:43 | 1:17:39 |
| 6 | 124 | Cecilia Björklund SPIF Triathlon | 1:17:41 | 14:28 | 55:43 | 1:17:41 |
| 7 | 108 | Erika Lindberg Södertälje SS Triath | 1:17:51 | 13:50 | 53:30 | 1:17:51 |
| 8 | 103 | Angelica Eriksson Stockholm City Tria | 1:19:28 | 13:54 | 53:14 | 1:19:28 |
| 9 | 110 | Karin Linarsund Stockholm City Tria | 1:23:15 | 15:58 | 53:28 | 1:23:15 |
| 10 | 107 | Lisa Lantto SPIF Triathlon | 1:27:13 | 17:54 | 59:56 | 1:27:13 |

| Herr Masters 35-39 (1) 0 m | | | 1(31) | 2(32) | M | |
|-----------------------------------|-----|-------------------------------------|---------|-------|-------|---------|
| 1 | 576 | Björn Haring | 1:02:59 | 11:47 | 43:33 | 1:02:59 |
| 2 | 37 | Fredrik Selmered SPIF Triathlon | 1:03:50 | 12:16 | 45:21 | 1:03:50 |
| 3 | 32 | Mikael Asp Väsby SS Triathlon | 1:04:07 | 11:51 | 43:38 | 1:04:07 |
| 4 | 38 | Michael Skogeland SPIF Triathlon | 1:07:34 | 13:37 | 47:51 | 1:07:34 |

| Pl | Startnr | Namn | Tid | | | | |
|-----------------------------------|---------|--|---------|-------|-------|---------|--|
| Herr Masters 35-39 (1 0 m) | | | | | | | |
| | | | | 1(31) | 2(32) | M | |
| 5 | 36 | Andreas Oderstad Väsby SS Triathlon | 1:09:39 | 12:47 | 47:58 | 1:09:39 | |
| 6 | 577 | Niclas Carlsson Founders Alliance | 1:10:39 | 12:47 | 35:11 | 21:41 | |
| 7 | 33 | Björn Axelsson Stockholm City Tria | 1:10:44 | 15:44 | 50:32 | 1:10:39 | |
| 8 | 35 | Krister Nilsson Stockholm City Tria | 1:13:18 | 15:44 | 34:48 | 20:07 | |
| 9 | 514 | Douglas Häggström Stockholm City Tria | 1:17:34 | 14:27 | 51:43 | 1:10:44 | |
| 10 | 39 | Christer Wikmark Stockholm City Tria | 1:18:11 | 14:27 | 37:16 | 19:01 | |
| | | | | 15:02 | 50:57 | 1:13:18 | |
| | | | | 15:02 | 35:55 | 22:21 | |
| | | | | 14:07 | 55:02 | 1:17:34 | |
| | | | | 14:07 | 40:55 | 22:32 | |
| | | | | 16:09 | 54:33 | 1:18:11 | |
| | | | | 16:09 | 38:24 | 23:38 | |

(forts.)

| Dam Masters 35-39 (3 0 m) | | | | | | | |
|----------------------------------|-----|--|---------|-------|---------|---------|--|
| | | | | 1(31) | 2(32) | M | |
| 1 | 117 | Susanna Svanerö Stockholm City Tria | 1:20:31 | 15:56 | 56:24 | 1:20:31 | |
| 2 | 115 | Sofie Lantto SPIF Triathlon | 1:21:29 | 15:56 | 40:28 | 24:07 | |
| 3 | 113 | Marie Elmermark Väsby SS Triathlon | 1:30:15 | 15:29 | 54:37 | 1:21:29 | |
| | | | | 15:29 | 39:08 | 26:52 | |
| | | | | 17:28 | 1:02:25 | 1:30:15 | |
| | | | | 17:28 | 44:57 | 27:50 | |

| Herr Masters 40-44 (1 0 m) | | | | | | | |
|-----------------------------------|-----|--|---------|-------|-------|---------|--|
| | | | | 1(31) | 2(32) | M | |
| 1 | 41 | Niclas Fagrell Sigtuna-Märsta-Arla | 1:00:09 | 10:35 | 40:59 | 1:00:09 | |
| 2 | 575 | Johan Skärskog SPIF Triathlon | 1:02:05 | 10:35 | 30:24 | 19:10 | |
| 3 | 46 | Peter Saetre IK Fyris/Triathlon | 1:02:09 | 13:12 | 43:49 | 1:02:05 | |
| 4 | 65 | Stefan Norman Tyresö SS | 1:05:20 | 13:12 | 30:37 | 18:16 | |
| 5 | 43 | Fredrik Johansson SPIF Triathlon | 1:06:10 | 12:50 | 43:48 | 1:02:09 | |
| 6 | 63 | Robert Gouffrich Väsby SS Triathlon | 1:07:20 | 12:50 | 30:58 | 18:21 | |
| 7 | 45 | Mark Parsons Tyresö SS | 1:07:27 | 11:44 | 45:20 | 1:05:20 | |
| 8 | 40 | Roger Boström-For SPIF Triathlon | 1:08:07 | 11:44 | 33:36 | 20:00 | |
| 9 | 69 | Johan Fogel Väsby SS Triathlon | 1:08:38 | 13:17 | 46:40 | 1:06:10 | |
| 10 | 47 | Tommy Sundberg Stockholm City Tria | 1:09:43 | 13:17 | 33:23 | 19:30 | |
| 11 | 44 | Stefan Larsson Stockholm City Tria | 1:11:33 | 12:17 | 45:30 | 1:07:20 | |
| 12 | 61 | Martin Sahlin SPIF Triathlon | 1:12:18 | 12:17 | 33:13 | 21:50 | |
| 13 | 49 | Fredril Zillén Stockholm City Tria | 1:14:18 | 13:30 | 47:52 | 1:07:27 | |
| 14 | 68 | Patrik Wendelius Lidingö Triathlon | 1:22:47 | 13:30 | 34:22 | 19:35 | |
| 15 | 48 | Per Sundström Åkersberga Simsäll | 1:25:23 | 14:02 | 47:54 | 1:08:07 | |
| | | | | 14:02 | 33:52 | 20:13 | |
| | | | | 14:15 | 47:28 | 1:08:38 | |
| | | | | 14:15 | 33:13 | 21:10 | |
| | | | | 13:37 | 48:28 | 1:09:43 | |
| | | | | 13:37 | 34:51 | 21:15 | |
| | | | | 12:22 | 48:51 | 1:11:33 | |
| | | | | 12:22 | 36:29 | 22:42 | |
| | | | | 13:04 | 49:48 | 1:12:18 | |
| | | | | 13:04 | 36:44 | 22:30 | |
| | | | | 15:52 | 52:54 | 1:14:18 | |
| | | | | 15:52 | 37:02 | 21:24 | |
| | | | | 20:21 | 59:39 | 1:22:47 | |
| | | | | 20:21 | 39:18 | 23:08 | |
| | | | | 11:57 | 56:11 | 1:25:23 | |
| | | | | 11:57 | 44:14 | 29:12 | |
| | | | | 14:05 | 48:13 | | |
| | | | | 14:05 | 34:08 | | |

| Dam Masters 40-44 (2 0 m) | | | | | | | |
|----------------------------------|-----|--|---------|-------|---------|---------|--|
| | | | | 1(31) | 2(32) | M | |
| 1 | 119 | Anna Maria Fogharr Åkersberga Simsäll | 1:22:04 | 16:12 | 56:41 | 1:22:04 | |
| 2 | 120 | Claire Hedberg SPIF Triathlon | 1:36:43 | 16:12 | 40:29 | 25:23 | |
| | | | | 20:43 | 1:09:01 | 1:36:43 | |
| | | | | 20:43 | 48:18 | 27:42 | |

| Herr Masters 45-49 (5) 0 m | | | | | | | |
|-----------------------------------|----|---|---------|-------|-------|---------|--|
| | | | | 1(31) | 2(32) | M | |
| 1 | 53 | Sten Orsvärn Stockholm City Tria | 1:04:16 | 13:13 | 45:19 | 1:04:16 | |
| 2 | 55 | Pål Török Stockholm City Tria | 1:07:56 | 13:13 | 32:06 | 18:57 | |
| 3 | 50 | Bernhard Hirschauer SPIF Triathlon | 1:12:35 | 12:00 | 45:17 | 1:07:56 | |
| 4 | 51 | Per Killiner SPIF Triathlon | 1:13:30 | 15:16 | 51:03 | 1:12:35 | |
| 5 | 52 | Joakim Malmerfelt Åkersberga Simsäll | 1:14:33 | 15:16 | 35:47 | 21:32 | |
| | | | | 15:26 | 51:56 | 1:13:30 | |
| | | | | 15:26 | 36:30 | 21:34 | |
| | | | | 15:28 | 53:14 | 1:14:33 | |
| | | | | 15:28 | 37:46 | 21:19 | |

| Dam Masters 45-49 (1 0 m) | | | | | | | |
|----------------------------------|-----|---------------------------------------|---------|-------|-------|---------|--|
| | | | | 1(31) | 2(32) | M | |
| 1 | 121 | Anna Malmerfelt Åkersberga Simsäll | 1:21:33 | 17:41 | 56:26 | 1:21:33 | |
| | | | | 17:41 | 38:45 | 25:07 | |

| Pl | Startnr | Namn | Tid | | | | |
|-----------------------------------|---------|--|---------|-------|---------|---------|-------------------|
| Herr Masters 50-54 (3) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 56 | Rolf Berglund Stockholm City Tria | 1:03:19 | 11:35 | 44:36 | 1:03:19 | 11:35 33:01 18:43 |
| 2 | 560 | Calle Montell Norrälje Triathlon | 1:12:18 | 15:19 | 50:52 | 1:12:18 | 15:19 35:33 21:26 |
| 3 | 57 | Lasse Nyberg Stockholm City Tria | 1:20:18 | 17:15 | 55:57 | 1:20:18 | 17:15 38:42 24:21 |
| Herr Masters 55-59 (1) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 58 | Nils Holmström Stockholm City Tria | 1:15:21 | 17:07 | 52:30 | 1:15:21 | 17:07 35:23 22:51 |
| Dam Masters 60-64 (1) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 123 | Lena Ehrlenfeldt Stockholm City Tria | 1:31:57 | 16:37 | 1:02:27 | 1:31:57 | 16:37 45:50 29:30 |
| Herr Junior 18-19 (1) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 28 | Patrik Nilsson Stockholm City Tria | 1:03:23 | 11:42 | 44:26 | 1:03:23 | 11:42 32:44 18:57 |
| Herr Ungdom 16-17 (5) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 29 | Emil Dansk SPIF Triathlon | 1:10:00 | 11:06 | 48:46 | 1:10:00 | 11:06 37:40 21:14 |
| 2 | 31 | Bruno Solar Vera SPIF Triathlon | 1:17:00 | 14:56 | 55:21 | 1:17:00 | 14:56 40:25 21:39 |
| 3 | 67 | Wiktor Häggblad Åkersberga Simsäll | 1:21:07 | 13:03 | 55:49 | 1:21:07 | 13:03 42:46 25:18 |
| 4 | 30 | Filip Holmström Täby | 1:21:27 | 17:09 | 56:49 | 1:21:27 | 17:09 39:40 24:38 |
| 5 | 66 | Marcus Kjellberg Åkersberga Simsäll | 1:26:34 | 15:18 | 1:00:16 | 1:26:34 | 15:18 44:58 26:18 |
| Pojk 14-15 (3) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 82 | August Eriksson Västerås Simsällsk: | 33:04 | 6:09 | 23:27 | 33:04 | 6:09 17:18 9:37 |
| 2 | 84 | Maarten Rensink Åkersberga Simsäll | 45:03 | 14:01 | 35:28 | 45:03 | 14:01 21:27 9:35 |
| 3 | 83 | Carl Foghammar N: | 52:10 | 12:03 | 38:57 | 52:10 | 12:03 26:54 13:13 |
| Flick 14-15 (2) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 146 | Pamela Beyermann Eskilstuna IK Triath | 38:00 | 7:59 | 28:01 | 38:00 | 7:59 20:02 9:59 |
| 2 | 147 | Clara Wiman Västerås Simsällsk: | 39:09 | 6:53 | 27:35 | 39:09 | 6:53 20:42 11:34 |
| Herr Motion, lång (59) 0 m | | | | | | | |
| | | | 1(31) | 2(32) | M | | |
| 1 | 580 | Sofus Kreutzmann Team Olympic | 1:05:08 | 12:14 | 45:05 | 1:05:08 | 12:14 32:51 20:03 |
| 2 | 512 | Torbjörn Helge Polarpuls.com | 1:05:49 | 12:23 | 45:30 | 1:05:49 | 12:23 33:07 20:19 |
| 3 | 578 | Adam Andreasson . | 1:06:51 | 15:36 | 48:07 | 1:06:51 | 15:36 32:31 18:44 |
| 4 | 520 | Kaj Nilsson Tornbergets IF | 1:10:17 | 11:27 | 47:42 | 1:10:17 | 11:27 36:15 22:35 |
| 5 | 544 | Mattias Arvidsson Patentverkets IF | 1:12:07 | 14:34 | 50:27 | 1:12:07 | 14:34 35:53 21:40 |
| 6 | 516 | Stefan Mandergrehn Solna | 1:12:15 | 15:21 | 50:34 | 1:12:15 | 15:21 35:13 21:41 |
| 7 | 573 | Christian Thell E.R.O | 1:13:09 | 15:23 | 50:54 | 1:13:09 | 15:23 35:31 22:15 |
| 8 | 533 | Jonas Åkerman Enskededalen | 1:13:46 | 15:05 | 50:43 | 1:13:46 | 15:05 35:38 23:03 |
| 9 | 583 | Carl Magnus Helin Talent Q | 1:14:02 | 14:03 | 51:03 | 1:14:02 | 14:03 37:00 22:59 |
| 10 | 542 | Tony Larsson Kungsörs SK | 1:14:35 | 17:40 | 54:26 | 1:14:35 | 17:40 36:46 20:09 |
| 11 | 532 | Martin Zetterström Väsby SS Triathlon | 1:14:54 | 17:20 | 54:08 | 1:14:54 | 17:20 36:48 20:46 |
| 12 | 557 | Björn Jansson Botkyrka Brand | 1:15:19 | 17:43 | 52:48 | 1:15:19 | 17:43 35:05 22:31 |
| 13 | 574 | Tomas Einarsson . | 1:15:52 | 16:48 | 53:44 | 1:15:52 | 16:48 36:56 22:08 |
| 14 | 523 | Harold Op het Veld Sollentuna | 1:15:58 | 17:59 | 54:30 | 1:15:58 | 17:59 36:31 21:28 |
| 15 | 536 | Hasse Sandström Väsby SS Triathlon | 1:17:04 | 14:29 | 53:02 | 1:17:04 | 14:29 38:33 24:02 |
| 16 | 552 | Anders Karlsson Team Magnus | 1:17:08 | 17:51 | 53:56 | 1:17:08 | 17:51 36:05 23:12 |

| Pl | Startnr | Namn | Tid | | | |
|-----------------------------------|---------|---|---------|-------|---------|---------|
| Herr Motion, lång (59) 0 m | | | | 1(31) | 2(32) | M |
| 17 | 524 | Martin Svensson Linköpings Triathlon | 1:17:12 | 17:53 | 54:58 | 1:17:12 |
| 18 | 530 | Hans von Stedingk Åkersberga | 1:17:39 | 17:53 | 37:05 | 22:14 |
| 19 | 579 | Jens Andersson IK Fyris/Triathlon | 1:17:54 | 18:09 | 54:19 | 1:17:39 |
| 20 | 543 | Fredrik Eneroth Åkersberga Simsäll | 1:17:56 | 18:09 | 36:10 | 23:20 |
| 21 | 505 | Per-Olof Branzell IK Fyris/Triathlon | 1:18:31 | 15:40 | 54:00 | 1:17:54 |
| 22 | 559 | John Lundblad Fredrikshof CK | 1:18:50 | 15:40 | 38:20 | 23:54 |
| 23 | 555 | Robert Forss Bonjour Cycliste | 1:18:51 | 18:23 | 55:41 | 1:17:56 |
| 24 | 558 | Hans Cronstioe Team Tenant Partn | 1:19:05 | 18:23 | 37:18 | 22:15 |
| 25 | 503 | Rune Bergqvist Åkersberga Simsäll | 1:19:31 | 18:25 | 56:04 | 1:18:31 |
| 26 | 528 | Göran Roos Spånga | 1:20:05 | 13:55 | 42:09 | 22:27 |
| 27 | 553 | Tomas Andersson IK Jordbänningarna | 1:20:42 | 17:17 | 55:46 | 1:18:50 |
| 28 | 522 | Nick O'Neill Wales | 1:21:18 | 17:17 | 38:29 | 23:04 |
| 29 | 551 | Pontus Burman Team Diversify | 1:22:28 | 19:43 | 56:12 | 1:18:51 |
| 30 | 535 | Per Enarsson Fredrikshof CK | 1:22:30 | 19:43 | 36:29 | 22:39 |
| 31 | 525 | Jaen Passchier Bonjour Cycliste | 1:22:43 | 18:12 | 56:31 | 1:19:05 |
| 32 | 531 | Fredrik Widing Gate46 IF | 1:22:51 | 18:12 | 38:19 | 22:34 |
| 33 | 515 | Åke Jernberger Sollentuna | 1:23:44 | 18:05 | 55:02 | 1:19:31 |
| 34 | 537 | Björn Ekgren Castor Triathlon | 1:24:06 | 18:05 | 36:57 | 24:29 |
| 35 | 538 | Kim Sundén Skogås | 1:24:07 | 19:00 | 56:28 | 1:20:05 |
| 36 | 554 | Magnus Eklund Bonjour Cycliste | 1:24:37 | 19:00 | 37:28 | 23:37 |
| 37 | 548 | Erik Strömberg Brotby SK | 1:25:47 | 18:26 | 58:05 | 1:20:42 |
| 38 | 541 | Kim Käberg SPIF Triathlon | 1:26:08 | 18:26 | 39:39 | 22:37 |
| 39 | 556 | Niklas Ek Mx Stockholm | 1:26:15 | 17:58 | 57:58 | 1:21:18 |
| 40 | 540 | Stijn Simoens Åkersberga | 1:26:28 | 17:58 | 40:00 | 23:20 |
| 41 | 507 | Robert Fuchs Uppsala | 1:26:34 | 18:11 | 1:00:06 | 1:22:28 |
| 42 | 550 | Mats Gustafsson Gävle | 1:26:35 | 18:11 | 41:55 | 22:22 |
| 43 | 508 | Mjers Grönlund LK Mjölksyra | 1:26:38 | 21:35 | 57:54 | 1:22:30 |
| 44 | 517 | Andrew Minter Sollentuna | 1:26:41 | 21:35 | 36:19 | 24:36 |
| 45 | 545 | Lars Söderlind Järfälla | 1:27:13 | 18:56 | 58:04 | 1:22:43 |
| 46 | 547 | Magnus Lennhagen Fredrikshof CK | 1:27:40 | 18:56 | 39:08 | 24:39 |
| 47 | 546 | Alexander Berardi . | 1:28:40 | 17:17 | 56:31 | 1:22:51 |
| 48 | 501 | Tomas Andersson . | 1:31:50 | 17:17 | 39:14 | 26:20 |
| 49 | 502 | Berndt Berglund Kungsängen | 1:31:58 | 19:53 | 58:39 | 1:23:44 |
| 50 | 539 | Andreas Nymark Strängnäs | 1:34:02 | 19:53 | 38:46 | 25:05 |
| 51 | 527 | Taco Rensink Västerås Simsällsk: | 1:34:34 | 19:02 | 59:11 | 1:24:06 |
| 52 | 513 | Peder Hägg GIH | 1:36:58 | 19:02 | 40:09 | 24:55 |
| 53 | 518 | Sven Mjöhagen Lag Sven Mjöhag | 1:47:29 | 17:44 | 58:51 | 1:24:07 |
| 54 | 534 | Mats Öhman Lag Sven Mjöhag | 1:47:33 | 17:44 | 41:07 | 25:16 |
| 55 | 529 | Niklas Rothpfeffer Lag Sven Mjöhag | 1:47:34 | 22:04 | 56:58 | 1:24:37 |
| 56 | 511 | Ole Hall Lag Sven Mjöhag | 1:47:35 | 22:04 | 34:54 | 27:39 |
| 57 | 509 | Lars Hall Lag Sven Mjöhag | 1:47:37 | 21:07 | 59:22 | 1:25:47 |
| 58 | 504 | Anders Björklund Lag Sven Mjöhag | 1:47:39 | 21:07 | 38:15 | 26:25 |
| 59 | 521 | Jan Olsson Lag Sven Mjöhag | 1:47:42 | 18:35 | 59:19 | 1:26:08 |

(forts.)

| Pl | Startnr | Namn | Tid | | | |
|----------------------------------|---------|---------------------|---------|-------|---------|---------|
| Dam Motion, lång (20) 0 m | | | | | | |
| | | | | 1(31) | 2(32) | M |
| 1 | 613 | Emelie Tillegård | 1:15:44 | 15:52 | 53:50 | 1:15:44 |
| | | | | 15:52 | 37:58 | 21:54 |
| 2 | 604 | Helena Henriksson | 1:17:26 | 18:03 | 55:08 | 1:17:26 |
| | | Åkersberga Sportkl | | 18:03 | 37:05 | 22:18 |
| 3 | 609 | Erika Rosenbaum | 1:18:42 | 16:35 | 56:38 | 1:18:42 |
| | | SPIF Triathlon | | 16:35 | 40:03 | 22:04 |
| 4 | 605 | Lisa Malmström | 1:20:44 | 18:45 | 58:19 | 1:20:44 |
| | | Åkersberga Sportkl | | 18:45 | 39:34 | 22:25 |
| 5 | 620 | Cecilia Roos | 1:21:50 | 17:11 | 56:28 | 1:21:50 |
| | | Stockholm City Tria | | 17:11 | 39:17 | 25:22 |
| 6 | 612 | Catrin Synstad | 1:21:53 | 16:57 | 57:43 | 1:21:53 |
| | | Sollentuna | | 16:57 | 40:46 | 24:10 |
| 7 | 610 | Mia Spångberg Erix | 1:25:00 | 20:25 | 1:03:02 | 1:25:00 |
| | | NasdaqOMX | | 20:25 | 42:37 | 21:58 |
| 8 | 606 | Evelina Lundström | 1:25:05 | 18:47 | 59:18 | 1:25:05 |
| | | Stockholm City Tria | | 18:47 | 40:31 | 25:47 |
| 9 | 617 | Caroline Widing | 1:25:31 | 19:42 | 1:00:16 | 1:25:31 |
| | | Team Tenant Partn | | 19:42 | 40:34 | 25:15 |
| 10 | 616 | Sima Baymani | 1:25:34 | 20:16 | 1:03:21 | 1:25:34 |
| | | SPIF Triathlon | | 20:16 | 43:05 | 22:13 |
| 11 | 614 | Anneli Östlund | 1:26:06 | 18:35 | 1:00:18 | 1:26:06 |
| | | IK Fyris/Triathlon | | 18:35 | 41:43 | 25:48 |
| 12 | 611 | Monique Stalås Hör | 1:26:33 | 18:06 | 1:01:37 | 1:26:33 |
| | | Åkersberga Sportkl | | 18:06 | 43:31 | 24:56 |
| 13 | 619 | Emelie Jansson | 1:26:55 | 20:41 | 1:01:03 | 1:26:55 |
| | | Roslagslännen IF | | 20:41 | 40:22 | 25:52 |
| 14 | 618 | Pia Dufbäck-Arkste | 1:31:06 | 20:11 | 1:04:27 | 1:31:06 |
| | | Gympa med Pia | | 20:11 | 44:16 | 26:39 |
| 15 | 603 | Anneli Eriksson | 1:32:43 | 22:30 | 1:04:22 | 1:32:43 |
| | | Spånga | | 22:30 | 41:52 | 28:21 |
| 16 | 602 | Linda Bergsten | 1:32:47 | 18:28 | 1:03:07 | 1:32:47 |
| | | Stockholm City Tria | | 18:28 | 44:39 | 29:40 |
| 17 | 601 | Johanna Bach | 1:35:14 | 18:31 | 1:04:18 | 1:35:14 |
| | | SPIF Triathlon | | 18:31 | 45:47 | 30:56 |
| 18 | 615 | Alexandra Lundströ | 1:39:12 | 20:36 | 1:06:49 | 1:39:12 |
| | | Skogås | | 20:36 | 46:13 | 32:23 |
| 19 | 631 | Julita Marczuk | 1:49:26 | 24:51 | 1:16:00 | 1:49:26 |
| | | Sundbyberg | | 24:51 | 51:09 | 33:26 |
| 20 | 607 | Barbro Näsman | 1:49:27 | 23:30 | 1:16:15 | 1:49:27 |
| | | Solna | | 23:30 | 52:45 | 33:12 |

| | | | | | | |
|----------------------------------|-----|--------------------|-------|-------|-------|-------|
| Herr Motion, kort (3) 0 m | | | | | | |
| | | | | 1(31) | 2(32) | M |
| 1 | 565 | Fredrik Ljung | 42:30 | 11:12 | 31:26 | 42:30 |
| | | | | 11:12 | 20:14 | 11:04 |
| 2 | 563 | Björn Östervall | 48:33 | 15:03 | 36:02 | 48:33 |
| | | SPIF Triathlon | | 15:03 | 20:59 | 12:31 |
| 3 | 564 | Joakim Eklund | 49:40 | 9:41 | 34:48 | 49:40 |
| | | Åkersberga Simsäll | | 9:41 | 25:07 | 14:52 |

| | | | | | | |
|---------------------------------|-----|---------------------|-------|-------|-------|-------|
| Dam Motion, kort (4) 0 m | | | | | | |
| | | | | 1(31) | 2(32) | M |
| 1 | 635 | Petra Randén | 46:47 | 10:23 | 31:56 | 46:47 |
| | | Team Cykelspeciali: | | 10:23 | 21:33 | 14:51 |
| 2 | 634 | Elin Öhman | 49:15 | 11:57 | 36:39 | 49:15 |
| | | Täby | | 11:57 | 24:42 | 12:36 |
| 3 | 632 | Cecilia Jansson | 50:00 | 12:28 | 37:37 | 50:00 |
| | | Täby | | 12:28 | 25:09 | 12:23 |
| 4 | 633 | Pauline Lindgren | 51:41 | 12:26 | 37:34 | 51:41 |
| | | Täby | | 12:26 | 25:08 | 14:07 |

| | | | | | | |
|--------------------|-----|---------------------|---------|-------|---------|---------|
| Lag (4) 0 m | | | | | | |
| | | | | 1(31) | 2(32) | M |
| 1 | 926 | Jaga NOCK | 1:09:10 | 11:34 | 48:54 | 1:09:10 |
| | | Åkersberga Simsäll | | 11:34 | 37:20 | 20:16 |
| 2 | 930 | Soffpotäterna | 1:19:21 | 18:45 | 57:42 | 1:19:21 |
| | | | | 18:45 | 38:57 | 21:39 |
| 3 | 928 | Svefab Herrar lag 2 | 1:29:01 | 19:58 | 1:04:35 | 1:29:01 |
| | | SVEFAB | | 19:58 | 44:37 | 24:26 |
| 4 | 927 | Svefab Herrar lag 1 | 1:39:21 | 22:28 | 1:17:26 | 1:39:21 |
| | | SVEFAB | | 22:28 | 54:58 | 21:55 |